



HIGH STREET PRIMARY ACADEMY
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High Street activity week

17th of June to the 21st of June 2019

Year: 1

Team High Street are excited to announce the first activity week for all of High Street Primary Academy. The children will be exposed to a range of age appropriate sports and activities. In addition to this, the children will learn about nutrition and cook a range of delicious health meals to eat for their lunches.

The week will be an outstanding opportunity for the children to experience sports and activities offered locally. As I am sure you can imagine, facilitating the week is extremely expensive and if you have not already done so please could you contribute £5 per child to help cover some of this cost. A section within Parent Pay has been created for you to pay your contribution into.

The children are to arrive to school daily in their PE uniform (Black shorts/leggings and a white t-shirt). Please find attached an overview of activities for your child's year group (not all activities listed) and any useful information based upon the activities.

The children will also be given information on how to take up these sports and most run free weekly clubs within walking distance from the school.

I would like to thank you for your support in helping to support such an exciting week.

Mr. Simpson

PE Coordinator



Year 1	
Day	Extra information
Monday	
Multi Skills	
Football	
Yoga	
Smoothie making	
Tuesday	
Moorland walk	<p>The children will need to bring:</p> <p>Come dressed in clothes that can get muddy</p> <p>Sensible shoes - trainers / wellies</p> <p>Change of clothes</p> <p>Coat, sun cream</p> <p>Lots to drink</p> <p>A backpack to carry their belongings</p> <p>Packed Lunch - If your child receives a free school lunch a packed lunch will be provided for them.</p>
<p>Please note that the children will be exploring the moors for the day and normal toileting facilities will only be available at the beginning and end of the trip. Whilst on the moors, if needing the toilet they will have to use nature's facilities. Hand sanitizer and toilet paper will be available.</p>	
Wednesday	
Dance Mats	
Archery	
Ball Skills	
Martial Arts	
Thursday	
Pedal power	Using the power of cycling to create food
Street Dance	
Parachute Games	
Friday	
Cheerleading	
Orienteering	
Invasion Games	
Yoga	
Activity Week Lunch	<p>The children will have the opportunity to eat from the menu they have designed based on a inviting and health diet.</p> <p>*It would be nice for as many children to have a school lunch this day so they can enjoy their creations.</p>

