

## HIGH STREET PRIMARY ACADEMY

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Friday 13th March 2020

Dear Parents and Carers,

I am sure most of you will have seen that the national advice relating to Coronavirus changed yesterday as the Prime Minister announced that we are moving from a containment strategy to one of delay. As such I wanted to issue you this morning with the latest advice for educational settings which we will follow. Please find attached.

The significant change is to how we manage ourselves if we present symptoms of a high fever or a new and continuous cough.

If an individual (pupil or member of staff) is experiencing symptoms which include a high temperature or a continuous cough, then they must stay at home (self-isolate) for seven days. This is the new advice from NHS 111 and Public Health England. If the symptoms persist past seven days the parent or carer should contact NHS 111 online at 111.nhs.uk. If the parent or carer does not have internet access, they should call NHS 111. If, after seven days, the individual feels better and no longer has a high temperature, they can return to their normal routine.

For those individuals who have had exposure to a confirmed case but have shown no symptoms, self-isolation is for 14 days. The 14 days represents the potential incubation period (the time it takes for symptoms to show if you have been infected), therefore for these individuals they will need to self-isolate.

Key to preventing the spread of Coronavirus is good personal hygiene and as such we will maintain good hand washing practices and thorough cleaning regimes.

The safety of our pupils and staff remains our upmost priority. We will continue to monitor national and local advice and ensure we act accordingly to maintain safety in school.

Kind regards

Sara El-Janbey Head Teacher