



MBHS PRIMARY FEDERATION NEWSLETTER

Friday 15th March 2024

Message from Mrs Macdonald - Head Teacher

It has been a rather wet and windy week this week, but we have had another great week. Today we enjoyed 'wrong trouser day' raising a total of £73.00 for Comic Relief. Thank you to anyone that has donated. If you would still like to donate you can do this by donating using our Just Giving page using the QR code below or you can give cash to the school office. 100% of money raised goes to Comic Relief.

It has been Science week! I have loved seeing all classes embrace being Scientists and exploring the theme of 'Time'. We have seen a variety of experiments happening, conclusions being drawn and 'Prove it' statements being proved correct or incorrect.

Year 1 and Year 2 have the excitement of Paignton Zoo, however we have not raised enough money at the moment for this trip to go ahead as planned. We kindly ask anyone who can to make payment by Monday.

We have only raised 60% of the total needed. If you think you may struggle with making payment please discuss this with Clare and she can help to come to an arrangement with you.









Best wishes and have the best weekend,
Steph Macdonald



Dates For Your Diary

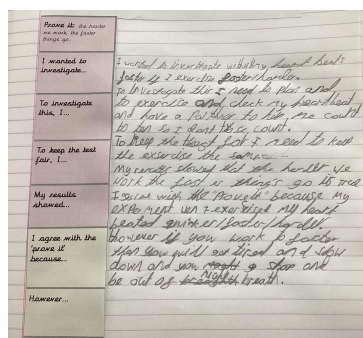
What's on?	When's it Happening?	Year Group?	How to Pay? More Information
Individual class photos	19.03.24	All Years	Letter came home this week
Careers Fayre	28.03.24	All Years	More information to follow
Last Day of Spring Term 4	28.03.24	All Years	Last day of term
School Closed to Pupils	29.03.24 - 14.04.24	All Years	School closed for 2 weeks
First Day of Summer Term 5	15.04.24	All Years	All pupils return to school
Paignton Zoo	16.04.24	Year 1 & 2	£18.00 per student - payable on ParentPay or cash to the school office

Pupil Voice - Our Learning This Week

<p>Nursery</p>	<p>In Pre-school we enjoyed the story “Sam Plants a Sunflower”. The children enjoyed talking about the big yellow sunflowers they could see in the story. At the end of the week the children got excited when they planted their very own sunflower seeds in individual pots. We are very excited to observe them grow. We also had so much fun exploring the wet coloured spaghetti and bugs. We also made salt dough bugs using various resources.</p> <div style="display: flex; justify-content: space-around; align-items: center;">     </div>
<p>Reception</p>	<div style="display: flex; justify-content: space-around; align-items: center;">    </div> <p>This week has been Science Week. Reception have been very busy being scientists and carrying out experiments. We worked together using different variables to discover the best way to free a whale frozen in ice, have explored changing states by making and feeling cornflour gloop, and have discussed reactions with our bicarb and vinegar dinosaur volcanoes! The children have used amazing vocabulary to make predictions, test them and discuss our conclusions. What an exciting week of learning and fun!</p>
<p>Year 1 and Year 2</p>	<p>Year 1 and Year 2 have joined forces this week exploring time and proving or disproving ‘Bigger people are faster’</p> <p>They have planned their experiment, written predictions and then carried out their experiment on Wednesday.</p> <p>As you can see they really enjoyed racing each other to find out if Bigger people are faster!</p> <div style="text-align: center;">  </div>



This week, Year 3 have thoroughly enjoyed National Science Week by investigating whether 'the harder we work, the faster things go'. The children have planned and carried out their own investigations to test their hypotheses, which involved exercising at different intensities and measuring heart rates! We've also completed our diary writing unit on Flat Stanley, which the children have worked really hard on!



Thank you science week - it's been fun! It's true what they've been investigating in Year 5 and 6 - times really does fly when you are having fun! A slight change to our prove it statement: The harder we work; the faster things go.





Year 5

Hello to all, this week, science week, was amazing. The children explored the statement 'Time flies when you're having fun.' and created experiments to prove or disprove this. They worked as scientists all week and came up with hypotheses based on research (did you know dopamine speeds up your internal clock?) and carried out a series of experiments to try and prove this. Additionally, we went to the University of Plymouth to look at the mechanics of the human body and the ways in which the heart can be slowed and sped up through exercise and rest.

Home Learning is on Google Class, Thursday lunch is open doors for home learning club.

Thanks all. Have a marvellous weekend.



We LOVE Reading



Each week we will share our love for reading with you below. If you have any questions about reading at MBHS please come in and see Leea.

Boom Reader Update:



Leea will be looking at the reading at home every Thursday! The logs will be tracked Friday to Thursday each week.

Awards will be shared during each celebration assembly,

We have received our final deliveries of books this week from the Foyles Foundation Grant money. We have been able to completely stock both Key Stage One and Key Stage Two Libraries.

Please can you ensure any books you are borrowing are returned to the libraries.

I am pleased to introduce you to our new school librarians.

Laila, Ivy and Zofia.

These 3 are taking responsibility for both libraries and will be playing an active role in keeping the libraries clean and tidy, recommending books and suggesting books for each class to enjoy.



Golden Tickets

The following children will join Mrs Macdonald for lunch on Monday after displaying exemplary manners in the lunch hall and on the playground this week. Well done everyone!



- ★ Year 1 - Lyla
- ★ Year 2 - Aliyah
- ★ Year 3 - Noah H
- ★ Year 4 - Raniya
- ★ Year 5 - Laila
- ★ Year 6 - Subi

Attendance Winners



Our whole school attendance this week is: **95.53%**

Our weekly Class attendance winners this week are: **Year 2 with 98.38%**

Please be reminded that our attendance target is 96%

Nuts

Can we also remind all parents that we are a NUT FREE SCHOOL - this includes all products containing any form of nut. If we find your child has a nut product as their snack or part of their lunch we will not allow them to eat this at school and it will be sent home with them.



PE Days

Our PE days are detailed below. On their nominated PE day it is important that children should arrive at school already wearing their kit. PE kit consists of black jogger or tracksuit bottoms, a plain tshirt (either white or their nominated house colour) and suitable footwear. **There is no need to change, they will remain in the kit all day.** If you have any questions please do not hesitate to contact us.

Monday	Year 5
Tuesday	Year 4
Wednesday	Year 1 & Year 2
Thursday	Year 6
Friday	Year 3

Staying Safe and Well - Strengthening Family Relationships

Incredible Years is a programme designed specifically for parents and carers with babies to pre-teens. The courses are run during the day so that parents and carers can attend whilst their children are at nursery or school. The aim is to encourage children to engage in positive behaviours. There is also a course for parents and carers of young children (2-5 years old) with a diagnosis of ASC and language delay.



Strengthening Families is designed for parents and carers who have children aged between 10 and 14 years old. The sessions are run in the evenings so that parents and children can attend together. The aim is for parents/carers and children to have focussed space together to support positive family relationships and manage challenging behaviours.

For more information about the parenting programmes, please see the PIAS website <https://www.plymouthias.org.uk/parenting-programmes> for families in Plymouth.

Family Matters is a charitable organisation which offers families a supported space to talk about their concerns and find a way to move forward together. Families can [self refer](#) to the family therapy sessions by completing the form. The service is run locally from their building in Stoke Village.

Family and Community Solutions is an organisation which offers:

- Mediation between a parent and young person. This involves a space to talk through any difficulties with an independent person. This is designed to help the parent and young person rebuild their relationship.
- Family Group Conference between a child/young person and their family support network. This is where all the key adults in a child's family can come together and agree a plan of how they are going to work together to best support their child or young person.

For more information, click [here](#).



School Lunches

Please see below the menu for school lunches for next week.

WEEK 2

W/C - MONDAY: 8TH JAN, 29TH JAN, 26TH FEB, 18TH MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE 1 - H W Chicken & vegetable pasta bake served with garlic bread Allergens: (Wh), (Mi), M/C (So)	CHOICE 1 - H Sausage & bean plait served with creamy mash Allergens: (Wh), (E), (Mi)	CHOICE 1 - H Dig down cottage pie Allergens: M/C (Wh, Bar)	CHOICE 1 - H Roast gammon with roast potatoes & gravy	CHOICE 1 Fish fingers served with fresh chips Allergens: (Wh), (F)
CHOICE 2 - W V VE Quorn nuggets with savoury rice Allergens: (Wh), (Mu)	CHOICE 2 - H W V VE Vegetable pasta bake Allergens: (Wh), (Mi)	CHOICE 2 - H V VE Bean & rice burrito Allergens: (Wh)	CHOICE 2 - H V VE Vegan shepherds pie Allergens: (So)	CHOICE 2 - H V Savoury cheesy muffin served with fresh chips Allergens: (Wh), (Mi), (E), M/C (O, Bar)
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
DESSERT - V V VE Fruit Salad, fresh fruit or yoghurt Allergens: (Mi)	DESSERT - H W V Fruity Cookie Allergens: (Wh), (O), (E), M/C (Bar)	DESSERT - H V Fresh fruit platter, fresh fruit or yoghurt Allergens: (Su), (Mi)	DESSERT - H W V Chocolate MALTED cake Allergens: (Wh), (Bar), (Mi), (E)	DESSERT - H W V Toffee apple sponge with custard Allergens: (Wh), (Mi), (E)
AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT				

Fresh fruit, local WEST COUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DISH, V = VEGETARIAN, 2 = THE VEGETARIAN LINE.

Allergen Key: Gluten (Gl), Barley (Bar), Wheat (Wh), Oats (O), Soya (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c May Contain

Allergens and ingredient information correct at the time of menu production but subject to change due to stock availability. Please speak to your catering manager for the most up to date information.

DID YOU KNOW
You can have mixed or brown rice instead of popples!

School Calendar

Please see below our term dates for 2023/2024.

	September 23	October 23	November 23	December 23
Monday	4 11 18 25	2 9 16 23 30	6 13 20 27	4 11 18 25
Tuesday	5 12 19 26	3 10 17 24 31	7 14 21 28	5 12 19 26
Wednesday	6 13 20 27	4 11 18 25	1 8 15 22 29	6 13 20 27
Thursday	7 14 21 28	5 12 19 26	2 9 16 23 30	7 14 21 28
Friday	1 8 15 22 29	6 13 20 27	3 10 17 24	1 8 15 22 29

	January 24	February 24	March 24	April 24
Monday	1 8 15 22 29	5 12 19 26	4 11 18 25	1 8 15 22 29
Tuesday	2 9 16 23 30	6 13 20 27	5 12 19 26	2 9 16 23 30
Wednesday	3 10 17 24 31	7 14 21 28	6 13 20 27	3 10 17 24
Thursday	4 11 18 25	1 8 15 22 29	7 14 21 28	4 11 18 25
Friday	5 12 19 26	2 9 16 23	1 8 15 22 29	5 12 19 26

	May 24	June 24	July 24	August 24
Monday	6 13 20 27	3 10 17 24	1 8 15 22 29	5 12 19 26
Tuesday	7 14 21 28	4 11 18 25	2 9 16 23 30	6 13 20 27
Wednesday	1 8 15 22 29	5 12 19 26	3 10 17 24 31	7 14 21 28
Thursday	2 9 16 23 30	6 13 20 27	4 11 18 25	1 8 15 22 29
Friday	3 10 17 24 31	7 14 21 28	5 12 19 26	2 9 16 23 30

Term	No. of Pupil Days
Autumn 1	33
Autumn 2	37
Spring 1	27
Spring 2	29
Summer 1	29
Summer 2	35
Total:	190

Public Holiday School Holiday School Inset Day

We can now also inform you of our term dates for 2024/2025.



Term Dates 2024 - 2025

Sep-24						
Monday	2	9	16	23	30	
Tuesday	3	10	17	24		
Wednesday	4	11	18	25		
Thursday	5	12	19	26		
Friday	6	13	20	27		

Oct-24						
	7	14	21	28		
1	8	15	22	29		
2	9	16	23	30		
3	10	17	24	31		
4	11	18	25			

Nov-24						
	4	11	18	25		
	5	12	19	26		
	6	13	20	27		
	7	14	21	28		
1	8	15	22	29		

Dec-24						
2	9	16	23	30		
3	10	17	24	31		
4	11	18	25			
5	12	19	26			
6	13	20	27			

Jan-25						
Monday		6	13	20	27	
Tuesday		7	14	21	28	
Wednesday	1	8	15	22	29	
Thursday	2	9	16	23	30	
Friday	3	10	17	24	31	

Feb-25						
	3	10	17	24		
	4	11	18	25		
	5	12	19	26		
	6	13	20	27		
	7	14	21	28		

Mar-25						
3	10	17	24	31		
4	11	18	25			
5	12	19	26			
6	13	20	27			
7	14	21	28			

Apr-25						
	7	14	21	28		
1	8	15	22	29		
2	9	16	23	30		
3	10	17	24			
4	11	18	25			

May-25						
Monday		5	12	19	26	
Tuesday		6	13	20	27	
Wednesday		7	14	21	28	
Thursday	1	8	15	22	29	
Friday	2	9	16	23	30	

Jun-25						
2	9	16	23	30		
3	10	17	24			
4	11	18	25			
5	12	19	26			
6	13	20	27			

Jul-25						
	7	14	21	28		
1	8	15	22	29		
2	9	16	23	30		
3	10	17	24	31		
4	11	18	25			

Aug-25						
	4	11	18	25		
	5	12	19	26		
	6	13	20	27		
	7	14	21	28		
1	8	15	22	29		

School Holiday

Public Holiday

School Inset Day



**Peninsula
Dental**
Social Enterprise

Paediatric Dental Clinics

PDSE are accepting registrations for paediatric patients in Reception and Key Stages 1 and 2. If you would like to register your child, please call 0345 155 8109 or visit our website and complete the form

<https://peninsuladental.org.uk/register/>

The link will take you to a registration page which says our waiting list is closed, please ignore this and fill out the enquiry form, stating that your child attends High Street Primary Academy or Millbay Academy (this information will then be verified), and you will be contacted to arrange an appointment.

The opportunity to register will only be open until 5pm on Friday 31st May.

Further information on how our paediatric services work can be found on our website

<https://peninsuladental.org.uk/wp-content/uploads/2023/10/Paediatric-Dental-Clinics-Leaflet.pdf>



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