

The poster features a vibrant background with diagonal stripes in shades of pink, orange, and yellow. In the foreground, there is a silhouette of a landscape where trees are replaced by various kitchen utensils like spoons, forks, and knives. Several human figures are shown in dynamic, athletic poses: one jumping high on a spoon, another running across a fork, a third swinging on a rope between two spoons, and others performing stunts like handstands and jumps on different utensils. The title 'Fit and Fed' is in a blue box at the top right, and 'Summer Activities 2019' is written below it in white.

Fit and Fed

**Summer
Activities
2019**

Enjoy a happy and healthy holiday with our **FREE** **Fit and Fed** holiday clubs!

The Fit and Fed holiday programme provides meals and activities to children on free school meals in Plymouth during the summer holidays. This year it's being funded by the Department for Education.

There are over 45 holiday clubs offering a range of different activities, from street dance to science workshops and water sports to coding. Inside this brochure you will find information on all the exciting clubs on offer.

All of our clubs are run by experienced organisations who will provide a safe and welcoming experience where children will have fun and make new friends.

**There really is something
for everyone this summer,
so book today.**

For more information please contact the Sports Development Unit:

01752 307008

sportsdev@plymouth.gov.uk

www.plymouth.gov.uk/fitandfed



@sportplymouth



@sportplymouth



How to book

Look through the brochure and decide which clubs you would like to book.

Each child can book up to four weeks for **FREE**. You can attend the same club for four weeks or visit a different club each week, the choice is yours.

There are limited spaces available so places will be given to those who apply first.

Our Fit and Fed holiday clubs are open to children living in Plymouth who are currently on free school meals.

Most of the holiday clubs can be booked via

www.plymouth.gov.uk/fitandfed



archery



food workshop



free play

The following clubs need to be booked direct with the organisation, details can be found within the brochure:

- Central Park Community Sports Hub
- Devonport Park Activity Centre
- Ernesettle Community School
- Marlborough Primary Academy
- Plymouth Life Centre
- St Peter's Primary School.

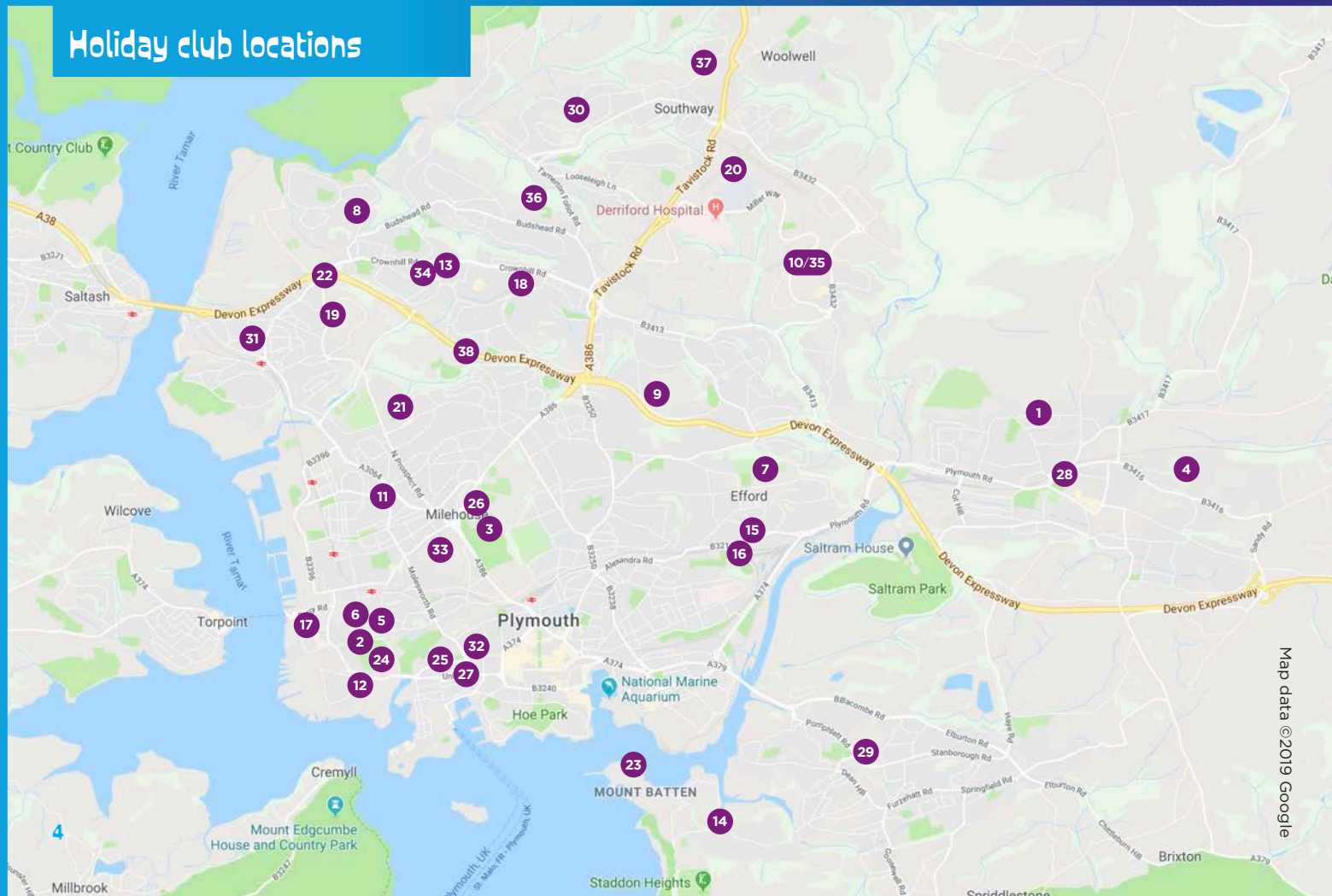


lunch time



dodgeball

Holiday club locations



- 1 **Boringdon Primary School**
PL7 4HJ
- 2 **Brickfields Sports & Recreation Centre**
PL1 4NE
- 3 **Central Park Community Sports Hub**
PL3 4HQ
- 4 **Chaddlewood Primary School**
PL7 2EU
- 5 **City College Plymouth**
PL1 5QG
- 6 **Devonport Park Activity Centre**
PL1 4BU
- 7 **Efford Youth and Community Centre**
PL3 6HU
- 8 **Ernesettle Community School**
PL5 2RB
- 9 **Eggbuckland Community College**
PL6 5YB
- 10 **Estover Youth Centre**
PL6 8UN
- 11 **Ford Primary School**
PL2 1PU
- 12 **Hamoaze House**
PL1 4JQ
- 13 **Honicknowle Youth Centre**
PL5 3PX
- 14 **Hooe Primary Academy**
PL9 9RG
- 15 **Laira Green Primary School**
PL3 6BP
- 16 **Lipson Co-operative Academy**
PL4 7PG
- 17 **Marlborough Primary Academy**
PL1 4NJ
- 18 **Manadon Sports and Community Hub**
PL5 3FD
- 19 **Marine Academy Plymouth**
PL5 2AF
- 20 **Marjon Sport & Health Centre**
PL6 8BH
- 21 **Mayflower Community Academy**
PL2 2NJ
- 22 **Plaistow Hill Infant and Nursery School**
PL5 2DT
- 23 **Mount Batten Watersports and Activities Centre**
PL9 9SJ
- 24 **Plymouth Albion Rugby Club**
PL1 4JZ
- 25 **Plymouth College Preparatory School**
PL1 3JL
- 26 **Plymouth Life Centre**
PL2 3DG
- 27 **Plymouth School of Creative Arts**
PL1 3EG
- 28 **Plympton Library**
PL7 2AS
- 29 **Plymstock Library**
PL9 9BU
- 30 **Southway Youth & Community Centre**
PL6 6TB
- 31 **St Paul's Catholic Primary School**
PL5 1NE
- 32 **St Peters Primary School**
PL1 1TP
- 33 **Stoke Damerel Community College**
PL3 4BD
- 34 **The Phoenix Centre**
PL5 2LZ
- 35 **Tor Bridge High Sports Centre**
PL6 8UN
- 36 **Whitleigh Scout Hut**
PL5 4AA
- 37 **Widewell Primary Academy**
PL6 7ER
- 38 **YMCA Plymouth**
PL5 3NG
- 39 **CHICKS Coastal Retreat**
Par, Cornwall
- 40 **The Mansions**
Totnes
+
Torre Abbey
Torquay

Other locations
not illustrated on
the map opposite:

1



Premier Sport (Sainsbury's Active)

Kids at this club will try a variety of activities including sports such as tennis, gymnastics and dodgeball, alongside arts & crafts, circus skills and the opportunity to try a para-sport!

Contact the Sports Development Team on [01752 307008 / sportsdev@plymouth.gov.uk](mailto:sportsdev@plymouth.gov.uk) to obtain a booking code.

5 - 15
year olds

15
spaces

9am - 4pm

July
22, 23, 24, 25, 26
29, 30, 31

August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23
27, 28, 29, 30

Boringdon Primary School
Courtland Crescent
Plympton
PL7 4HJ

2



Everyone Active

A fun-filled multi-sports holiday club, including creative and nutritional activities. From sports and games to messy arts and crafts, from outdoor adventures to athletics on the running track.

8 - 11
year olds

25
spaces

10am - 2pm
(Thurs 8 and 22:
11:30am - 3:30pm)

July
29, 30, 31
August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23

Brickfields Sports & Recreation Centre
Madden Road
Devonport
PL1 4NE

Holiday club

Age

Times & dates

Venue

3



Fit for Sport

Keep your kids moving with an action-packed holiday camp where children will get the chance to experience a wide range of exciting daily activities including swimming, multi-sports and arts & crafts.

To book call **02087 424990** or email enquiries@fitforsport.co.uk and quote 'FIT&FED'.

8 - 12
year olds

20
spaces

11am - 3pm

August
6, 7, 8, 9
13, 14, 15, 16
20, 21, 22, 23
27, 28, 29, 30

**Central Park
Community Sports
Hub**
(next to clock tower)
Central Park
PL3 4HQ

4



Premier Sports

Children won't be bored at this action packed camp with themed days, competitions and Nerf battles. Other activities include football, dodgeball, rugby, netball, fencing, lacrosse, tri-golf, ultimate frisbee, cheerleading, drama, dance and arts & crafts.

5 - 12
year olds

15
spaces

9am - 4pm

August
6, 7, 8, 9
13, 14, 15, 16
20, 21, 22, 23
27, 28, 29, 30

**Chaddlewood
Primary School**
Hemerdon Heights
Plympton
PL7 2EU

Holiday club

Age

Times & dates

Venue

5



City College Plymouth

Discover how to cook and eat healthily as well as learning how to play basketball with coaches from Plymouth Raiders basketball team.

13 – 16
year olds

20
spaces

12pm – 4pm

July
23, 24, 25, 26
30, 31

August
1, 2
6, 7, 8, 9
13, 14, 15, 16

City College Plymouth
Kings Road
Devonport
PL1 5QG

6



Routeways

This fun inclusive club is for children and young people with ASC, learning disabilities or other disabilities who may struggle to cope with mainstream activities.

Book online at www.bookwhen.com/shortbreaks or call **01752 300700**.

8 – 18
year olds

12
spaces

10am – 2pm

July
29, 30, 31

August
1
5, 6, 7, 8
12, 13, 14, 15
19, 20, 21, 22

Devonport Park Activity Centre
PL1 4BU
(Mon, Tue, Wed)
+
The Beckly Centre
PL9 9DF
(Thur)

7



10 – 18
year olds

30
spaces

11am - 3pm

July
29, 30, 31

August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23

**Efford Youth and
Community Centre**
Blandford Road
PL3 6HU

Youth Service

A fun packed four week programme of arts and sports, such as kick boxing and archery, plus day trips to places like Adrenaline Quarry.

8



4 – 11
year olds

50
spaces

10am - 2pm

July
29, 30, 31

August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23

**Ernesettle
Community School**
Biggin Hill
PL5 2RB

Ernesettle Community School

A varied fun programme of play and physical activities with elements of creative opportunities.

To book call Kelly Powell **01752 201177**
(option 2) or the main school office.

9



TalkTastic

The Plymouth's Got Talent experience is especially designed to increase confidence and help everyone explore talents in a fun, safe, and friendly environment. You do not need to be a natural performer or have any particular talents. We will help you discover what you are great at! There will be exciting games and activities, and the chance to perform solo or with new friends. On the final day family and friends will be invited to a celebration and showcase of achievements.

5 – 10
year olds

25
spaces

9am - 1pm

August
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23
27, 28, 29, 30

**Eggbuckland
Community College**
Westcott Close
PL6 5YB

11 – 18
year olds

25
spaces

**12:30pm -
4:30pm**

August
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23
27, 28, 29, 30

**Eggbuckland
Community College**
Westcott Close
PL6 5YB

Holiday club

Age

Times & dates

Venue

10



11 – 19
year olds

30
spaces

11am – 3pm

July
29, 30, 31

August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23

**Estover
Youth Centre**
(on school campus)
Miller Way
PL6 8UN

Youth Service

This club includes sports such as archery, bubble football, dodgeball, street dance and other activities including virtual reality, go kart building, music workshops, circus skills, graffiti workshops and whizz pop science. There will also be a number of organised offsite trips, such as Adrenalin Quarry.

11



5 – 14
year olds

32
spaces

10am – 3pm

August
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23
27, 28, 29, 30

Ford Primary School
Cambridge Road
PL2 1PU

Argyle Community Trust

This action packed holiday club will consist of a range multi-sports and other activities that will keep each day fresh and exciting.

Please note this club is for FORD PUPILS ONLY.

12



Hamoaze House

Hamoaze House

A variety of sporting activities including bubble football, trampolining, and bouldering, alongside enriching activities such as music and dance sessions. Activities will take place on-site and off-site.

12 – 16
year olds

12
spaces

10am – 2pm

July
29, 30, 31

August
1
5, 6, 7, 8
12, 13, 14, 15
19, 20, 21, 22

Hamoaze House
Mount Wise
Devonport
PL1 4JQ

13



Youth Service

An exciting club providing a range of sporting, creative and inspiring activities including boxing, virtual reality and archery. There will also be off-site trips to the Aquarium, Live Wire and Poole Farm.

10 – 19
year olds

25
spaces

Mon: **11am-3pm**
Tues: **2pm-6pm**
Wed: **3pm-7pm**
Thur: **3pm-7pm**
Fri: **11am-3pm**

July
29, 30, 31
August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23

Honicknowle Youth Centre
Honicknowle Green
PL5 3PX



Premier Sports

Children won't be bored at this action packed camp with themed days, competitions and Nerf battles. Other activities include football, dodgeball, rugby, netball, fencing, lacrosse, tri-golf, ultimate frisbee, cheerleading, drama, dance and arts & crafts.

5 - 12
year olds

12
spaces

9am - 4pm

August
6, 7, 8, 9
13, 14, 15, 16
20, 21, 22, 23
27, 28, 29, 30

Hooe Primary Academy
Hooe Road
Plymstock
PL9 9RG



Argyle Community Trust

This action packed holiday club will consist of a range multi-sports and other activities that will keep each day fresh and exciting.

Please note this club is for LAIRA GREEN PUPILS ONLY.

5 - 14
year olds

32
spaces

10am - 3pm

August
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23
27, 28, 29, 30

Laira Green Primary School
Beverley Road
PL3 6BP

16



High 5 Sports

An action packed holiday club full of sports, outdoor activity and adventure. Develop your existing skills and experience new and exciting activities.

8 – 12
year olds

40
spaces

9am - 1pm

July
29, 30

August
1, 2
5, 6, 8, 9
12, 13, 15, 16
19, 20, 22, 23

Lipson Co-operative Academy
Bernice Terrace
PL4 7PG

17



TGS Coaching

This club will challenge children keeping them physically, mentally and socially active throughout the day. Children will be involved with planning each day and the activities that they take part in.

To book contact Danny Zalick on **07867 429267** or via **dannyzalick07@hotmail.com**.

5 – 12
year olds

25
spaces

10am - 3pm

July
29, 30, 31

August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23

Marlborough Primary Academy
Morice Square
PL1 4NJ

Holiday club

Age

Times & dates

Venue

18



Argyle Community Trust

An action packed multi-sports club at the new Manadon Sports and Community Hub run by coaches from the Argyle Community Trust.

5 – 14
year olds

32
spaces

10am - 3pm

August

5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23
27, 28, 29, 30

Manadon Sports and Community Hub

St Peters Road
PL5 3FD

19



Marine Academy Plymouth

A football themed holiday club run by qualified coaches including skills and fun competitions.

6 – 10
year olds

25
spaces

10am - 2pm

July

29, 30, 31

August

1
5, 6, 7, 8
12, 13, 14, 15
19, 20, 21, 22

Marine Academy Plymouth

Trevithick Road
St.Budeaux
PL5 2AF

The Reading Agency and Libraries Present



Summer Reading Challenge 2019



Get ready for an out-of-this-world adventure at your local library – it's Space Chase, the Summer Reading Challenge 2019!

Our super space family, the Rockets, need your help to track down books that have been nabbed by aliens! As you read library books over the summer, collect special stickers and prizes to complete your mission folder. There's a medal for every child that completes the challenge.

Sign up for the challenge at any Plymouth Library from Saturday 13 July.

www.plymouth.gov.uk/summerreadingchallenge

Can you find the aliens in time to save the day? Head to the library to start your Space Chase!

The Summer Reading Challenge is aimed at children aged 4 to 12. Those under 4 can take part in the Mini Challenge.



We're delighted to be able to support this summer's Fit and Fed programme in partnership with the Plymouth City Council's Sports Development Team and individual clubs and organisations.

Our fully trained school chefs, using our established network of local and regional suppliers, will be providing freshly prepared bagged meals or (dependant on the request from the activity provider) a hot delivered meal using fresh, local and seasonal ingredients which meet the Government standards for school food as a minimum.



CATERed

FEEDING AMBITIONS - MAKING A DIFFERENCE
EVERY CHILD, EVERY TIME



CATERed is unique in the country and, as a local authority trading cooperative owned by schools and the council, provides over 2.5 million meals each school year in 67 schools and academies.



Social Media



Like: facebook.com/plymouthcatered



Follow: [@cateredplymouth](https://twitter.com/cateredplymouth)

CATERed Limited is a company jointly owned by schools across the City of Plymouth and Plymouth City Council serving great tasting freshly prepared hot food to children and young people every day.

Company No: 09355912 | VAT Number: 208 5215 29

20



Plymouth Raiders 83 Foundation

Enjoy a host of activities, games, skills and drills centred around basketball, led by the Plymouth Raiders coaches and players.

There will also be fun and entertaining enrichment activities around being physically active and leading a healthy lifestyle.

9 – 11
year olds

30
spaces

9am - 1pm

August
5, 6, 7, 8
12, 13, 14, 15
19, 20, 21, 22
27, 28, 29, 30

Marjon Sport & Health Centre
Derriford Road
PL6 8BH

9 – 11
year olds

30
spaces

12pm - 4pm

August
5, 6, 7, 8
12, 13, 14, 15
19, 20, 21, 22
27, 28, 29, 30

Marjon Sport & Health Centre
Derriford Road
PL6 8BH

Holiday club

Age

Times & dates

Venue

21



Argyle Community Trust

This action packed holiday club will consist of a range multi-sports and other activities that will keep each day fresh and exciting.

5 – 14
year olds

32
spaces

10am - 3pm

July

29, 30, 31

August

1, 2

19, 20, 21, 22, 23

27, 28, 29, 30

**Mayflower
Community
Academy**
Ham Drive
PL2 2NJ

22



District Sports

This active and inclusive holiday club contains a wide range of fun sports and activities to ensure that everyone has a safe and enjoyable time.

5 – 8
year olds

25
spaces

10am - 2pm

July

29, 30, 31

August

1, 2

5, 6, 7, 8, 9

12, 13, 14, 15, 16

19, 20, 21, 22, 23

**Plaistow Hill Infant
and Nursery School**
Roman Way
PL5 2DT

23



The trading name of The Mount Batten Centre Charity Trust - Charity Registration Number 1159633

Mount Batten Watersports Centre

“Get into Maritime” – where you’ll discover a wide range of exciting land and water based adventurous activities! Along the way we’ll look at personal skills in kayaking, canoeing, stand up paddleboarding, rock climbing, water-rescue skills, navigation and more - plus we’ll include visits to a beach for a healthy BBQ, a trip to the RNLI base by powerboat and a sailing experience.

8 – 11
year olds

12
spaces

9am - 1pm

August
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23
26, 27, 28, 29, 30

**Mount Batten
Watersports and
Activities Centre**
Lawrence Road
PL9 9SJ

12 – 16
year olds

12
spaces

**12:30pm -
4:30pm**

August
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23
26, 27, 28, 29, 30

**Mount Batten
Watersports and
Activities Centre**
Lawrence Road
PL9 9SJ

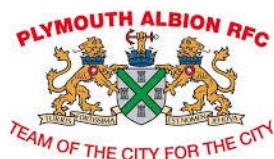
Holiday club

Age

Times & dates

Venue

24



Plymouth Albion Rugby Club

An active, fun and engaging programme where you will learn how to lift weights correctly in the gym, build skills through games and take part in some cookery workshops. You'll also be able to enjoy some fun days out.

15 - 18
year olds

12
spaces

10am - 2pm

August
6, 7, 8, 9
13, 14, 15, 16
20, 21, 22, 23
27, 28, 29, 30

Plymouth Albion Rugby Club

Brickfields
Recreation Ground
Damerel Close
PL1 4JZ

25



Tinies

An Ofsted registered holiday club with themed weeks and lots of exciting activities each day including messy play, games, cooking and sports.

3 - 6
year olds

10
spaces

9am - 1pm

July
29, 30, 31
August
1, 2
5, 6, 7, 8, 9
19, 20, 21, 22, 23
27, 28, 29, 30

Plymouth College Preparatory School

The Millfields
PL1 3JL



25

6 – 13
year olds

8am - 5:30pm

**Plymouth College
Preparatory School**
The Millfields
PL1 3JL

Premier Sports

Children won't be bored at this action packed camp with themed days, competitions and Nerf battles. Other activities include swimming, football, dodgeball, rugby, netball, fencing, lacrosse, tri-golf, ultimate frisbee, cheerleading, drama, dance and arts & crafts.

15
spaces

July

29, 30, 31

August

1, 2

5, 6, 7, 8, 9

12, 13, 14, 15, 16

19, 20, 21, 22, 23



26

5 – 12
year olds

9:30am - 4:30pm

**Plymouth Life
Centre**
Mayflower Drive
PL2 3DG

Fit for Sport

Keep your kids moving with an action-packed holiday camp where children will get the chance to experience a wide range of exciting daily activities including swimming, multi-sports and arts & crafts.

27
spaces

July

29, 30, 31

August

1, 2

5, 6, 7, 8, 9

12, 13, 14, 15, 16

19, 20, 21, 22, 23

To book call **02087 424990** or email **enquiries@fitforsport.co.uk** and quote **'FIT&FED'**.

26



Youth Service

Enjoy getting wet and trying new exciting activities such as surfing, swimming, diving and jumping off cliffs! There will be organised trips each week and other sporting activities based at Central Park.

11 – 18
year olds

25
spaces

10am – 2pm

July
29, 30, 31

August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23

Plymouth Life Centre
(on the grass outside)
Mayflower Drive
PL2 3DG

27



Exim Dance Company

A variety of different performing arts activities from Contemporary, Street and Jazz dance styles to Taiko drumming and singing workshops.

11 – 16
year olds

25
spaces

9:30am – 2:30pm

July
29, 30, 31

August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23

Plymouth School of Creative Arts
Millbay Road
PL1 3EG



ProActive Sports Coaching

A vibrant and varied holiday club combining a range of fun sports activities alongside amazing enrichment activities such as dodgeball, slime making and graffiti art. Your child will also receive a hot meal cooked each day from the onsite canteen.

5 – 8
year olds

32
spaces

9am - 1pm

July
29, 30, 31

August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23

**Plymouth School
of Creative Arts**
Millbay Road
PL1 3EG

9 – 14
year olds

38
spaces

12:30am - 4:30pm

July
29, 30, 31

August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23

**Plymouth School
of Creative Arts**
Millbay Road
PL1 3EG

28



Plymouth Library Services

A mixture of exciting sports activities for all abilities, as well as various fun computer coding, movies and library based crafts and activities.

8 - 12
year olds

15
spaces

10am - 2pm

August
5, 6, 8, 9
12, 13, 15, 16
19, 20, 22, 23
27, 29, 30

Plympton Library
Harewood
PL7 2AS

29



Plymouth Library Services

Ride the smoothie bike, tackle the assault course and experience new skills including coding, crafts, circus skills and much more at this action packed holiday camp.

7 - 11
year olds

16
spaces

10am - 2pm

August
5, 6, 8, 9
12, 13, 15, 16
19, 20, 22, 23
27, 29, 30

Plymstock Library
Horn Cross Road
PL9 9BU

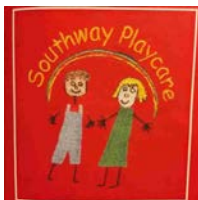
Holiday club

Age

Times & dates

Venue

30



Southway Playcare

An inclusive holiday club, providing a safe, stimulating and challenging environment where children can come along and have fun.

4 – 11
year olds

15
spaces

10am - 3pm

July

29, 30, 31

August

1, 2

5, 6, 7, 8, 9

12, 13, 14, 15, 16

27, 28, 29, 30

Southway Youth & Community Centre

Hendwell Close

PL6 6TB

31



Argyle Community Trust

This action packed holiday club will consist of a range multi-sports and other activities that will keep each day fresh and exciting.

5 – 14
year olds

32
spaces

10am - 3pm

August

5, 6, 7, 8, 9

12, 13, 14, 15, 16

19, 20, 21, 22, 23

27, 28, 29, 30

St Paul's Catholic Primary School

Pemros Road

PL5 1NE

Holiday club

Age

Times & dates

Venue

32



TGS Coaching

This traditional holiday club will provide creative and active learning opportunities. There will be lots of fun activities including a variety of sports, bouncy castle play, parkour sessions, street dance and lots more.

To book contact Danny Zalick on **07867 429267** or via **dannyzalick07@hotmail.com**.

5 - 12
year olds

30
spaces

10am - 3pm

July

29, 30, 31

August

1, 2

5, 6, 7, 8, 9

12, 13, 14, 15, 16

19, 20, 21, 22, 23

**St Peter's
Primary School**
Rendle Street
Stonehouse
PL1 1TP

33



Sports Way Management

A range of fun and challenging inclusive activities ensuring that all children remain active and engaged. Some of the sporting activities include volleyball, basketball, handball, fitness, athletics and tennis.

5 - 12
year olds

40
spaces

9am - 5:30pm

July

29, 30, 31

August

1, 2

5, 6, 7, 8, 9

12, 13, 14, 15, 16

19, 20, 21, 22, 23

**Stoke Damerel
Community College**
Somerset Place
PL3 4BD

34



Honicknowle Commnet

A variety of fun interactive physical and enriching activities featuring a final celebration event.

5 – 11
year olds

25
spaces

10am - 2pm

August
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23
27, 28, 29, 30

The Phoenix Centre
Little Dock Lane
Honicknowle
PL5 2LZ

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Sports Development Unit

Experience a wide variety of fun activities ranging from bubble football to nutritional activities and circus workshops to UV sports.

8 – 12
year olds

35
spaces

10am - 2pm

July
29, 30, 31
August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23

Tor Bridge High Sports Centre
Miller Way
Estover
PL6 8UN

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Whitleigh Playcare

This club offers fun activities, such as cooking, T-shirt dying, themed projects and trips out each week to exciting theme parks.

3 – 11
year olds

10
spaces

10am - 3pm

July

29, 30, 31

August

1, 2

5, 6, 7, 8, 9

12, 13, 14, 15, 16

19, 20, 21, 22, 23

Whitleigh Scout Hut

35th Plymouth

Scout Hut

Lancaster Gardens

PL5 4AA

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Premier Sport (Sainsbury's Active)

Kids at this club will try a variety of activities including sports such as tennis, gymnastics and dodgeball, alongside arts & crafts, circus skills and the opportunity to try a para-sport! Contact the Sports Development Team on **01752 307008/sportsdev@plymouth.gov.uk** to obtain a booking code.

5 – 15
year olds

20
spaces

9am - 4pm

July

22, 23, 24, 25, 26

29, 30, 31

August

1, 2

5, 6, 7, 8, 9

12, 13, 14, 15, 16

19, 20, 21, 22, 23

27, 28, 29, 30

Widewell Primary Academy

Lulworth Drive

PL6 7ER

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YMCA Plymouth

A sports and arts based holiday club, with organised day trips on Thursdays to Crealy Theme Park & Resort, Splashdown Quaywest and Woodlands Family Theme Park.

8 – 15
year olds

20
spaces

Mon, Tue, Wed, Fri:
9:30am - 3:30pm
Thur:
8:30am - 5pm

YMCA Plymouth
Honicknowle Lane
PL5 3NG

July
29, 30, 31

August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23

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CHICKS

A fantastic club including undercover trampolines, a sports barn, an arts and crafts room and exciting trips out such as swimming and days at the beach! Transport to and from Plymouth will be provided everyday, pick up/drop off points will be confirmed nearer the time.

8 – 15
year olds

36
spaces

10am - 4pm

July
29, 30, 31

August
1, 2
5, 6, 7, 8, 9
12, 13, 14, 15, 16
19, 20, 21, 22, 23

CHICKS Coastal Retreat
Barn Park Farm
Well Street
Tywardreath
PL24 2QN

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Lifeworks

This club will enable learning disabled young people to connect, be active, take notice and keep learning. It will combine adventure, food and fun, from milking goats to wild swimming, from foraging for berries to getting creative with Theatre Royal Plymouth. A mini-bus will be provided, with an escort, to transport the children to and from Plymouth each day. They will be picked up at 9am and dropped off at 5pm.

12 - 17
year olds

6
spaces

10am - 4pm

July
29, 30, 31

August
1
5, 6, 7, 8
19, 20, 21, 22
27, 28, 29, 30

Weeks 1&2:

The Mansions
Fore Street
Totnes
TQ9 5RP

Weeks 3&4:

Torre Abbey
The King's Drive
Torquay
TQ2 5JE

For more information please contact
the Sports Development Unit:

01752 307008

sportsdev@plymouth.gov.uk

www.plymouth.gov.uk/fitandfed



@sportplymouth



@sportplymouth

