



HIGH STREET PRIMARY ACADEMY
High Street, Stonehouse, PLYMOUTH, PL1 3SJ
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High Street activity week

17th of June to the 21st of June 2019

Year: 5

Team High Street are excited to announce the first activity week for all of High Street Primary Academy. The children will be exposed to a range of age appropriate sports and activities. In addition to this, the children will learn about nutrition and cook a range of delicious health meals to eat for their lunches.

The week will be an outstanding opportunity for the children to experience sports and activities offered locally. As I am sure you can imagine, facilitating the week is extremely expensive and if you have not already done so please could you contribute £5 per child to help cover some of this cost. A section within Parent Pay has been created for you to pay your contribution into.

The children are to arrive to school daily in their PE uniform (Black shorts/leggings and a white t-shirt). Please find attached an overview of activities for your child's year group (not all activities listed) and any useful information based upon the activities.

The children will also be given information on how to take up these sports and most run free weekly clubs within walking distance from the school.

I would like to thank you for your support in helping to support such an exciting week.

Mr. Simpson

PE Coordinator



Year 5	
Day	Extra information
Monday	
Mountain Biking	The children will need: Coat Sun cream Spare change of clothes Packed Lunch - If your child receives a free school lunch a packed lunch will be provided for them.
Orienteering	
Tuesday	
Dance Mats	
Basketball	
Handball	
Frezbie Golf	
Yoga	
Wednesday	
Archery	
Cooking	
Martial Arts	
Pedal Power	Using the power of cycling to create food.
Thursday	
Golf	
Street Dance	
Gymnastics	
Kurling	
Friday	
Cheerleading	
Lacrose	
Invasion Games	
Parkour	
Activity Week Lunch	The children will have to opportunity to eat from the menu they have designed based on a inviting and health diet. *It would be nice for as many children to have a school lunch this day so they can enjoy their creations.

