



!!!WARNING – THIS DOES USE A LOT OF DATA AS THEY ARE E BOOKS!!!!

These two books have lots of chances to talk about feelings. Press on the arrow to hear the story being read out loud. If you (or your child wanted to re-tell it, press on the speaker symbol to stop the sound).

Talk about who and what you can see in the pictures. You can point to different parts of the pictures and help your child talk about what's happening.

Feelings are really important to learn about but are very tricky for children to understand. You can help your child learn them by saying how you feel and why (e.g. Mummy is happy because you listened really well) and saying how they feel (e.g. You are sad because you dropped your snack).

When you read books together or watch. programme together talk about how the character is feeling.

This is a lovely book in which you can talk about lots of different feelings.

<https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/some-dogs-do/>

George the dog feels very happy when he can fly and then when his friends don't believe him he feels sad and maybe a bit angry. You and your child can talk about how the different people feel on different pages. You can talk about how you would feel if people didn't believe you. You can read it again with the 'read with top tips' for some more ideas of what to talk about

Owl babies is another great book to talk about feelings. The baby owls are worried and scared. You can talk with your child about how the owls are feeling. Have they ever felt worried about anything?

<https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/owl-babies/>

You can read it again with the 'read with top tips' for some more ideas of what to talk about

This is a link to a great game in which you can help your child guess the feeling and then talk about when you and they feel like that e.g. you feel tired if you go to bed late and I feel tired if I wake up too early.

<https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/faces-and-feelings/>